

* Admit You're Happy Month * Get Acquainted with Kiwifruit Month *
 * National Back-to-School Month * National Inventors' Month *
 * National Toddler Month * Family Meal Month *

August 2006



Back-to-School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
World Breastfeeding Week (8/1 - 8/7) Simplify Your Life Week (8/1 - 8/7)						
		1 World Wide Web Anniversary	2	3  What's in season? Try peaches, peppers, squash or berries!	4  Work Like A Dog Day	5  National Mustard Day
6  National Fresh Breath Day	7	8  Sneak Some Zucchini Onto Your Neighbor's Porch Night!	9  Full Moon	10	11	12  United Nations' International Youth Day
13 Drink plenty of fluids! Water, juice and milk are better nutrition choices than soda.	14	15  National Relaxation Day  National Best Friends Day	16	17  Sandcastle Day	18  Bad Poetry Day	19  National Aviation Day
20  Bamboo Celebration Day	21	22	23  Try a new fish or shellfish as a summer entree.	24	25	26  National Dog Day
27  Try goat cheese today. You'll like it!	28	29  More Herbs, Less Salt Day	30	31 Try a new fruit or vegetable today.		